# February

**•2016** 

Newsletter

**Hertford County** Office of Aging (HCOA)

Winton Senior Center

- •252-358-7856
- 408 South Camp Street Winton, NC 27986

•OFFICE HRS: M-F 8:3U-5PM

 Hazel Privott **Nutrition Site** R.L. Vann)

•252-332-209-5439

415 Holloman Ave

Ahoskie, NC 27910

•OFFICE HRS: M-F 9:3U-1PM

- Murfreesboro **Nutrition Site** •252-398-5329
- •315 West Main St.
  - Murfreesboro, NC •27855

•OFFICE HRS: M-F 9:3U-1PM

My Senior Center **Valentines** Stop by the Winton Senior Center on Monday, February 8 Noon to 2:00 pm and personalize a Valentine to our state representatives thanking them for continued support of senior center activities and programs









# · HERITAGE

- · Razzle Dazzle Jewelry Design Group Mondays 1:30pm-3pm (w)
- Friday Quilting Classes
- •9 12:30 & 1-4pm in Winton
- ·Sewing Club, Fine Arts, Just Brushing **Up Painter Workshop and Crafts**
- •(Call center for days and time) 358-7856





•PING PONG WEDS.

•1-3 (w)

·DAY

## HEALTH AND WELLNESS CENTER

- Winton Senior Center
- •Mondays 8:30am-9:00pm

Tuesday-Friday 8:30am-6pm Ahoskie &

**Murfreesboro** Nutrition

Sites •Monday-Friday 9:30am-1:30pm



think of exercise

i lie down

PASSES

Biggest Loser Contest February 29 call office for more information@358.7856





think of exercise

i lie down

PASSES

•COMPUTER LAB AVAILABLE MON-THUR

•8:30-5PM (w)

 RCCC Computer Classes ·Begin Friday, February 12 @ 9 am

•BINGO-MON-FRI 9:30 ( A & •M) THURS. 10:30 (w)

Tax return preparation assistance Fridays 9-12 & 1-3

by appointments only



MOVIE DAY

2ND MONDAYS

Is Heaven Real?

1pm (W)

### ·Senior Breakfast

 Ahoskie United Methodist Church 212 Church Street, Ahoskie. Friday, February 5, 2016 from 9 to 10am Jacqueline Melton of CADA





TOURS CALL **OFFICE** 



## •MARK YOUR CALENDAR!

 SOUP AND SANDWICH WITH HERTFORD COUNTY COMMISSIONERS FEBRUARY 15, 2016 @ 5:30 PM RSVP @358.7856



•COUNSELING MONS & WEDS 10-2PM

February 2016

